

Therapeutic Musician Commonalities and Differences in Practice

<u>Discipline</u>	<u>Instrument</u>	<u>Settings</u>	<u>Goals</u>	<u>Interventions</u>	<u>Documentation</u>	<u>Musical elements</u>	<u>Interaction</u>	<u>Repertoire</u>	<u>Key Words</u>
Music Therapy	<ul style="list-style-type: none"> • Guitar • Keyboard • Voice • Percussion • Many others 	For children and adults with physical, mental needs	<ul style="list-style-type: none"> • Physical • Cognitive • Social • Emotional • Communication • Spiritual 	Typically music based interventions as a tool to achieve measurable non-musical goals	Yes. Observations, goals, interventions recorded with measurable outcomes	<ul style="list-style-type: none"> • Key • Progressions • Scale • Rhythm • Tempo • Dynamics • Timbre 	Yes. Interaction often encouraged and used, but not necessary, to reach written goals.	Variety. Improvised, familiar, re-written, created. Pt preferred music	Cognitive and behavioral change
Music Practitioner	<ul style="list-style-type: none"> • Harp • Voice • Guitar • melodic instrument (certified in instrument) 	Bedside: hospice, hospital, nursing home	<ul style="list-style-type: none"> • Physical • Mental • Emotional • Spiritual 	Playing music therapeutically	No. Outcomes not measured.	<ul style="list-style-type: none"> • Mode • Scale • Progressions • Rhythm • Meter • Tempo 	No. Refrain from soliciting Pt participation Minimal speech interaction	Variety. Appropriate music in practitioners and client style	Healing vs curing
Music Thanatology	<ul style="list-style-type: none"> • Harp • Voice (minimal lyrics) 	Bedside: Palliative, hospice	<ul style="list-style-type: none"> • Physical • Emotional • Environment • Spiritual 	Vigils. Alternating sound and silence	No. Outcomes not measured.	<ul style="list-style-type: none"> • Rhythm • Pacing • Volume • Tone • Phrasing 	No. Minimal verbal or physical interaction	Unfamiliar music. Improvised	Prescriptive music, vigils, process of “letting go” Not distraction, clients receive music, meditative
Harp Therapy	<ul style="list-style-type: none"> • Harp 	Home or clinical settings. Hospice and hospital	<ul style="list-style-type: none"> • Physical • Mental • Emotional • Spiritual 	Playing harp therapeutically. End of life vigil.	No. Outcomes not measured.	<ul style="list-style-type: none"> • Intervals • Modes • Resonant tone • Double resonance 	Passively playing music in therapeutic manner	Familiar and unfamiliar. Preferred genres	Resonant tone

Therapeutic Musician Commonalities and Differences in Background and Body

<u>Discipline</u>	<u>Certification</u>	<u>Governing Body</u>	<u>Accredited Program</u>	<u>Education</u>
Music Therapy	(MT-BC) Music Therapist-Board Certified	Certification Board for Music Therapists (CBMT) American Music Therapy Association (AMTA)	More than 60 universities and colleges offer an undergraduate in MT. Must be accredited by AMTA.	Minimum 4 year bachelor degree or master equivalent. 1200 supervised hours at approved internship site.
Music Practitioner	(CMP®) Certified Music Practitioner	National Standards Board for Therapeutic Musicians (NSBTM)	Music for Healing and Transition Program (MHTP)	80 hours instruction 45 hrs supervised clinical experience
Music Thanatology	(CM-Th) Certified Music Thanatologist	Music-Thanatology Association International (MTAI)	Two education sites available in Oregon	500 contact hours over approx. 10 months Moving toward degree program
Harp Therapy	(CTHP) Certified Therapeutic Harp Practitioner	National Standards Board for Therapeutic Musicians (NSBTM)	International Harp Therapy Program (IHTP).	Several modules available ranging from on-location for one week to 9 months online

References for Therapeutic Musician Commonalities and Differences in Practice & Therapeutic Musician Commonalities and Differences in Background and Body

Freeman, Lindsay. Caserta, Michael. Lund, Dale. Rossa, Shirley. Dowdy, Ann. Partenheimer, Andrea. (2006).
 Music thanatology: prescriptive harp music as palliative care for the dying patient.
The American journal of hospice & palliative care. Vol.23(2), p.100-4.

www.cbmt.org Certification Board for Music Therapists
www.harprealm.com International Harp Therapy Program
www.mhtp.org Music for Healing and Transition Program
www.mtai.org Music-Thanatology Association International
www.musictherapy.org American Music Therapy Association
www.therapeuticmusician.com/ National Standards Board for Therapeutic Musicians